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# LAMA2 regulates the fate commitment of mesenchymal stem cells via hedgehog signaling

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## Abstract

**Background:** Bone defects are a common clinical condition that has gained an increasing amount of attention in recent years. Causes of bone defect include tumors, inflammation, and fractures. Bone tissue engineering is a novel treatment of bone defect, and human mesenchymal stem cells (hMSCs) are the ideal seed cells for bone tissue engineering due to their multi-lineage differentiation potential and immunogenicity. The laminin  $\alpha 2$  (*LAMA2*) gene encodes the  $\alpha 2$  subunit of laminins. Mutations in this gene have been reported to cause muscular dystrophy, but thus far no studies have elucidated the role of *LAMA2* in the fate choices of MSCs. Here, we aimed to investigate the critical role of *LAMA2* in the osteogenesis and adipogenesis of mesenchymal stem cells (MSCs).

**Methods:** We investigated *LAMA2* function in osteogenic and adipogenic differentiation of MSCs in vitro and in vivo through loss- and gain-of-function experiments. In addition, molecular mechanism was clarified by Western blot and siRNA.

**Results:** Our results demonstrated that *LAMA2* was a critical regulator for fate commitment of MSCs. Both in vitro and in vivo studies indicate that *LAMA2* inhibits osteogenesis and promotes adipogenesis. Mechanistically, we found that *LAMA2* regulated osteogenesis and adipogenesis of MSCs by modulating the hedgehog signaling pathway.

**Conclusions:** The present work confirms that *LAMA2* is a new molecular target for MSC-based bone regeneration.

**Keywords:** *LAMA2*, Osteogenic differentiation, Human mesenchymal stem cells, Hedgehog signaling

## Background

Many diseases can cause bone defects, and the presence of bone defects leads to a poor quality of life. Recent studies have illustrated bone tissue engineering as a prospective therapeutic approach for bone regeneration [1,

2]. Seed cells, growth factors, and biological scaffolds are the three main factors of tissue engineering. Mesenchymal stem cells (MSCs) are the current focus of researchers as they can self-regenerate, have multidirectional differentiation ability, and are easy to obtain; therefore, they are a good candidate for use as seed cells in bone tissue engineering and have promising clinical prospects.

Many studies have demonstrated that MSCs can differentiate into osteoblasts, chondrocytes, and adipocytes [3, 4]. These findings have significantly promoted research into tissue engineering [5–7]. The balance

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between osteoblast and adipocyte formation is related to metabolic homeostasis [8, 9]. Many studies have shown that adipogenesis and osteogenesis are antagonistic to each other [10–13], but the underlying mechanisms remain largely unknown. Once the balance between osteogenesis and adipogenesis is broken, it would lead to bone metabolic diseases and even bone defects [14, 15]. Therefore, investigations of the molecular mechanism of osteogenic and adipogenic differentiation of MSCs would help in developing MSC-based treatment strategies for bone loss.

Laminins are composed of three subunits, named  $\alpha$ ,  $\beta$ , and  $\gamma$ . They regulate cell growth, movement, and attachment and participate in the formation of the basement membrane and attach to other proteins in the muscle cell. The *LAMA2* gene encodes the  $\alpha 2$  subunit of laminins, and mutations in this gene have been shown to cause LAMA2-related muscular dystrophy [16, 17]. A study showed that laminin could regulate the osteogenic differentiation of dental follicle cells, and LAMA2 was found to be upregulated in dexamethasone-induced dental follicle cells [18]. However, it remains unclear how LAMA2 regulates the fate choices of MSCs. Therefore, we aimed to investigate the critical role of LAMA2 in the osteogenesis and adipogenesis of MSCs in this study. To this end, we studied the function of LAMA2 in osteogenic and adipogenic differentiation of MSCs in vitro and in vivo through loss- and gain-of-function experiments. The molecular mechanisms were studied by small interfering RNAs (siRNA) and Western blot analyses.

## Methods

### Culture, osteogenic induction, and adipogenic induction of MSCs

Primary human adipose-derived stem cells (hASCs) and human bone marrow mesenchymal stem cells (hBMSCs) were obtained from ScienCell (San Diego, CA, USA) and cultured in Dulbecco's modified Eagle's medium (DMEM) or  $\alpha$ -minimum essential medium ( $\alpha$ -MEM). The proliferation medium (PM) contained 10% (v/v) fetal bovine serum (FBS) and 1% (v/v) antibiotics. The osteogenic medium (OM) contained 10% (v/v) FBS, 1% (v/v) antibiotics, 10 nM dexamethasone, 200  $\mu$ M ascorbic acid, and 10 mM  $\beta$ -glycerophosphate. The adipogenic medium (AM) contained 10% (v/v) FBS, 1% (v/v) antibiotics, 50 nM insulin, 100 nM dexamethasone, 500  $\mu$ M 3-isobutyl-1-methylxanthine, and 200  $\mu$ M indomethacin.

### Lentivirus infection

Lentiviruses targeting *LAMA2* (sh*LAMA2*-1 and sh*LAMA2*-2), negative control vectors (NC), and lentiviruses that segmentally express the *LAMA2* gene were purchased from GenePharma Co. (Suzhou, China). The

sequences were as follows: sh*LAMA2*-1, GCCTGA GATTTTCAGAGGATCC, and sh*LAMA2*-2, GCTCCC TATCTGGGAAACAAA. First, hASCs and hBMSCs were cultured to 50% confluence and transfected in the presence of 5  $\mu$ g/mL polybrene to promote transfection for 24 h. The lentivirus carried the plasmid vector containing fluorescence proteins and the puromycin resistance gene. Thus, stably transfected cells were detected by the addition of puromycin after incubation for 72 h.

### RNA interference

siRNAs targeting *GLI2* and NC were obtained from GenePharma, the sequences were presented in Additional file 1: Table S1. Cells were transfected with siRNAs using Lipofectamine 3000 (Invitrogen) and harvested for RNA and protein analyses after 48 h. For osteogenic and adipogenic differentiation, cells were transfected every 5 days in OM or AM and harvested after 7 or 21 days.

### Alkaline phosphatase (ALP) staining and ALP activity, Alizarin Red S (ARS) staining and quantification

The cells were divided into PM and OM culture groups. ALP staining was performed using NBT/BCIP staining kit (CoWin Biotech, Beijing, China) on day 7 after osteogenic induction. ALP activity was quantified using ALP assay kit (Nanjing Jiancheng Bioengineering Institute). Absorbance was measured at 520 nm, and the ALP activity was calculated.

On day 14 after osteogenic induction, 2% Alizarin Red buffer (Sigma-Aldrich) was used to stain cells. To quantify mineral accumulation, 100 mM of cetylpyridine solution was added to the wells of a multiwell plate. Mineral accumulation was quantified by measuring the absorbance at 562 nm after completely dissolving the cells.

### Oil Red O staining and quantification

Cells were inoculated and cultured in PM and AM separately, and Oil Red O staining and quantitative assessment were carried out on day 21 after adipogenic induction. The cells were fixed with 10% neutral formalin and then rinsed with 60% isopropanol. Cells were stained with Oil Red O working solution and observed under a microscope. For quantitative assessment, 100% isopropanol was added to each well containing the stained cells, after which absorbance was measured at 500 nm.

### Real-time quantitative PCR (RT-qPCR)

Total cellular RNA was extracted from MSCs cultured in proliferation or differentiation medium for 7 and 14 days with TRIzol reagent (Invitrogen, Carlsbad, CA, USA). PrimeScript RT Reagent Kit (Takara, Tokyo, Japan) was used to synthesize the cDNA. RT-qPCR was

conducted with SYBR Green Master Mix on an ABI Prism 7500 real-time PCR System. Gene expression was normalized to the expression of *GAPDH*, which was used as the reference gene. The primer sequences of human *GAPDH*, *RUNX2*, *BGLAP*, *PPAR $\gamma$* , *C/EBP $\alpha$* , and *LAMA2* and mouse *Gapdh*, *Runx2*, *Ppar $\gamma$* , and *Lama2* were presented in Additional file 1: Table S1.

#### Western blot analysis

For detection of proteins, the cells were lysed in lysis buffer containing 2% proteinase inhibitor. Proteins extracts were subjected to 5% SDS-PAGE and transferred to polyvinylidene fluoride membrane. The membrane was incubated with the primary antibodies overnight; then, it was incubated with peroxidase-conjugated secondary antibodies at room temperature. The visualized immunoreactive protein bands were detected using an enhanced chemiluminescence (ECL) kit (CWBI, Beijing, China).

#### In vivo implantation of MSCs, ectopic bone, and ectopic adipose tissue formation

Lenti-NC-, Lenti-sh*LAMA2*-1-, and Lenti-sh*LAMA2*-2-transfected MSCs (P4) were cultured in PM for 1 week. The resultant cells were used for MSCs/ $\beta$ -TCP (RB-SK-005G) composite scaffold construction and implantation in nude mice. After trypsinization and resuspending,  $1 \times 10^6$  cells from each of the three groups were inoculated into cryotubes containing  $\beta$ -TCP powder (approximately  $3 \times 2 \times 2$  mm<sup>3</sup>).

Lenti-NC-, Lenti-sh*LAMA2*-1-, and Lenti-sh*LAMA2*-2-transfected MSCs (P4) were cultured in AM for 1 week.  $1 \times 10^6$  cells from each group were trypsinized and resuspended separately, mixed with the collagen membrane scaffold material (approximately  $8 \times 8 \times 2$  mm<sup>3</sup> per tube), and placed in a cryotube.

Then, the mixtures ( $n = 10$  per group) were placed in a shaker at 37 °C for 1 h and then centrifuged at 150g for 5 min to allow the cells to adhere to the  $\beta$ -TCP or collagen membrane scaffold. The mixtures were then implanted into female BALB/c nude mice. Eight weeks after implantation, the ectopic bone-like tissues were harvested and analyzed by hematoxylin and eosin (H&E), Masson's trichrome, and immunohistochemical (IHC) staining. Adipose tissues were harvested after 6 weeks and the tissues were sectioned and analyzed by staining with H&E and Oil Red O.

#### Micro-computed tomography (micro-CT) analyses of mice

Eight-week-old mice (10 per group) underwent sham or ovarian surgery and were euthanized 3 months after the surgery. Femur samples were scanned using the Inveon MM System (Siemens) micro-CT. The scanning conditions were 60 kV, 500  $\mu$ A, and precision 8.82  $\mu$ m.

Parametric analysis was performed using Inveon Research Workplace (Siemens) software. The analysis area was 0.5–1 mm proximal to the epiphysis. The parameters analyzed included bone volume/total volume (BV/TV), and trabecular thickness (Tb.Th), number of trabecular bone (Tb.N), and trabecular space (Tb.Sp).

#### Statistical analysis

SPSS 19.0 software was used for the statistical analysis. Data were expressed as means  $\pm$  standard deviation. Differences between the two groups were analyzed by the independent two-tailed Student's *t* tests. One-way ANOVA and Tukey's post hoc test were used for comparison between groups. Values of  $p < 0.05$  were considered statistically significant.

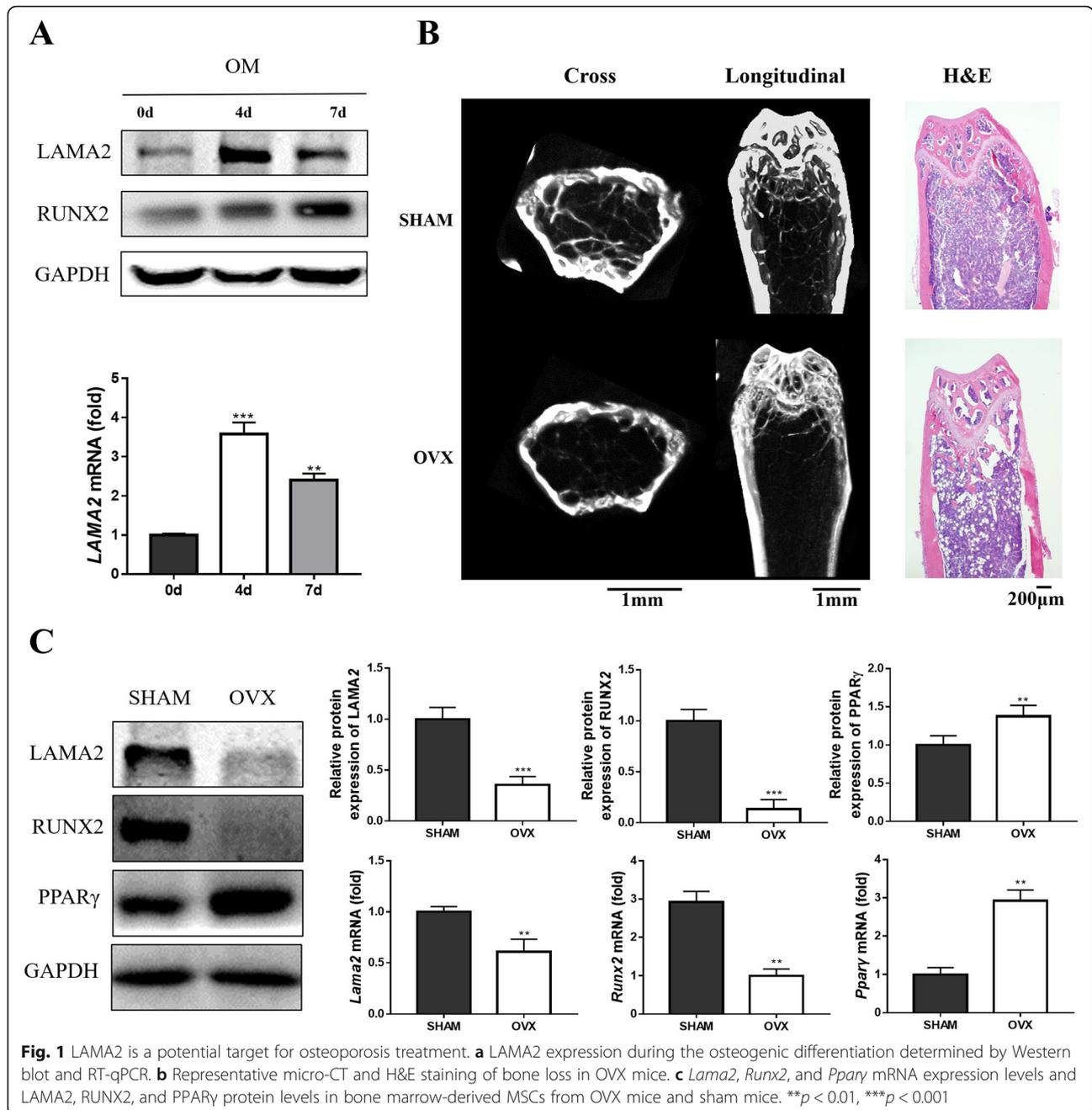
## Results

### LAMA2 is involved in MSCs cell fate determination

We studied the expression profile of *LAMA2* to determine its involvement in osteogenic differentiation. *LAMA2* expression initially increased during osteogenic differentiation and subsequently decreased (Fig. 1A). Then we investigate the status of *LAMA2* in mice bone marrow mesenchymal stem cells. The results of the micro-CT scan and H&E staining showed a massive loss of trabecular bone in ovariectomy (OVX) mice (Fig. 1b and Additional file 2: Figure S1). Analysis of the *LAMA2* mRNA and protein expression levels in BMMSCs revealed significantly decreased expression in OVX mice compared with sham mice (Fig. 1c).

### LAMA2 inhibited osteogenic differentiation of MSCs in vitro

We established *LAMA2* knockdown MSCs to further study the effects of *LAMA2* on osteogenic differentiation. Transfection efficiency was confirmed by fluorescence microscopy (Additional file 3: Figure S2). We also analyzed the mRNA expression of *LAMA2*, and the *LAMA2* knockdown groups (sh*LAMA2*-1 and sh*LAMA2*-2) exhibited a 90% decrease in expression compared with the NC group (Fig. 2a). Consistent with these findings, the results of the Western blot analysis also showed a significant decrease in the protein levels in the *LAMA2* knockdown cells (Fig. 2a). Cells from the *LAMA2* knockdown and control groups were incubated with either basal medium or osteogenic induction medium. *RUNX2* and *BGLAP* expressions were detected on days 7 and 14, respectively. *LAMA2* knockdown led to enhanced mRNA expression of *RUNX2* and *BGLAP* (Fig. 2b). In addition, *LAMA2* knockdown significantly enhanced osteogenesis, as indicated by ALP staining and quantification (Fig. 2c). Similar results were also observed following ARS staining and quantification (Fig. 2d).

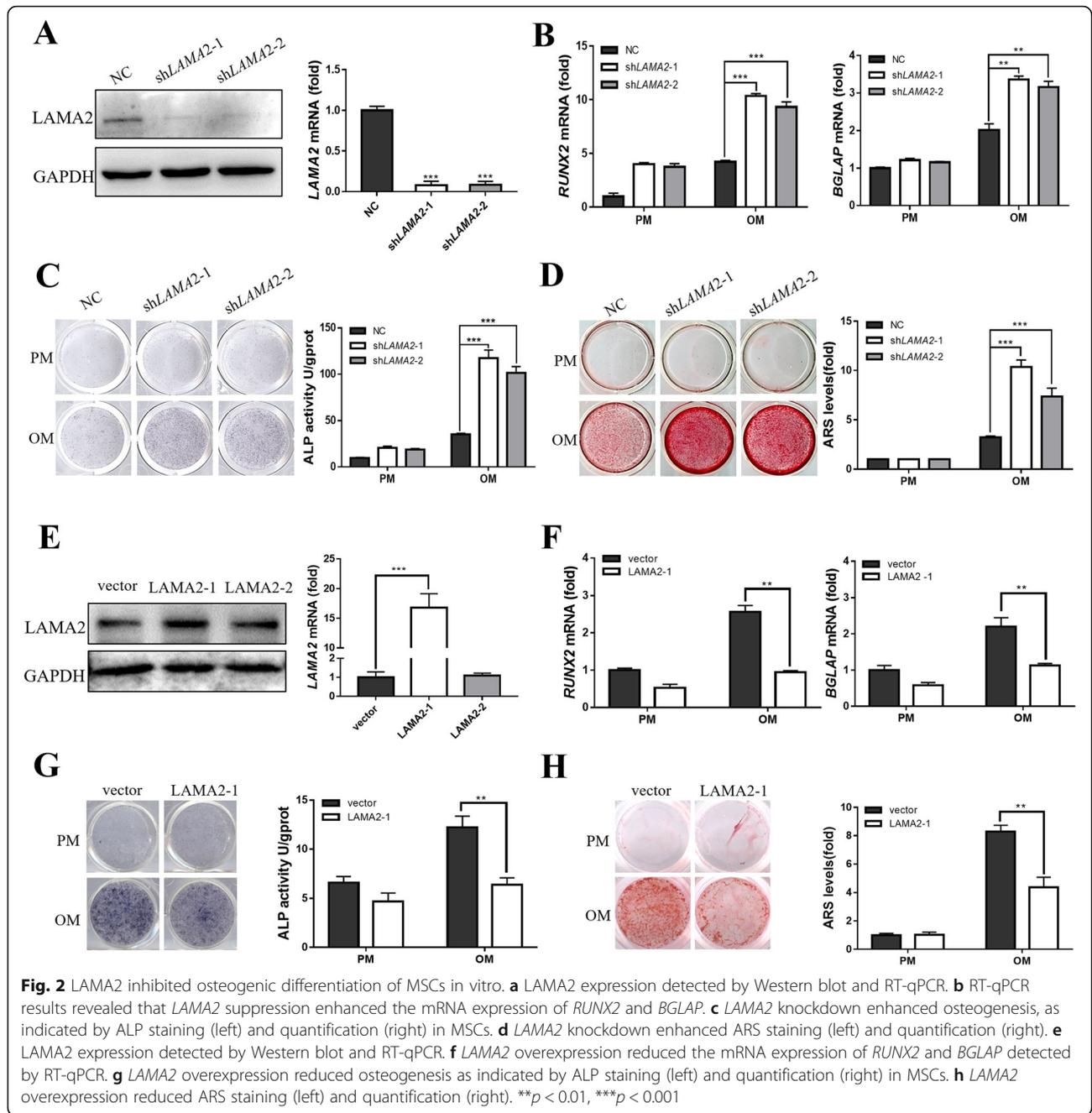


Next, we infected MSCs using fragments of the ectopic *LAMA2* lentivirus (due to its long sequence and large molecular weight, we divided the *LAMA2* protein into two fragments) and verified *LAMA2* overexpression by RT-qPCR and Western blot analysis (Fig. 2e), the results showed that the cells infected by the first fragment could overexpress *LAMA2* significantly. The results of the RT-qPCR analysis showed that *RUNX2* and *BGLAP* expression levels were significantly decreased in *LAMA2*-overexpressing cells after osteogenic induction (Fig. 2f). Moreover, *LAMA2* overexpression led to decreased

staining with ALP (Fig. 2g), and ARS staining showed decreased mineralization in the MSCs overexpressing *LAMA2* (Fig. 2h).

#### LAMA2 inhibited osteogenic differentiation of MSCs in vivo

To further determine the role of *LAMA2* in osteogenic differentiation, nude mice were implanted with MSCs stably expressing sh*LAMA2* and control cells mixed with  $\beta$ -TCP. The neo-generated tissues were collected for 8 weeks after implantation. Progressive tissue development

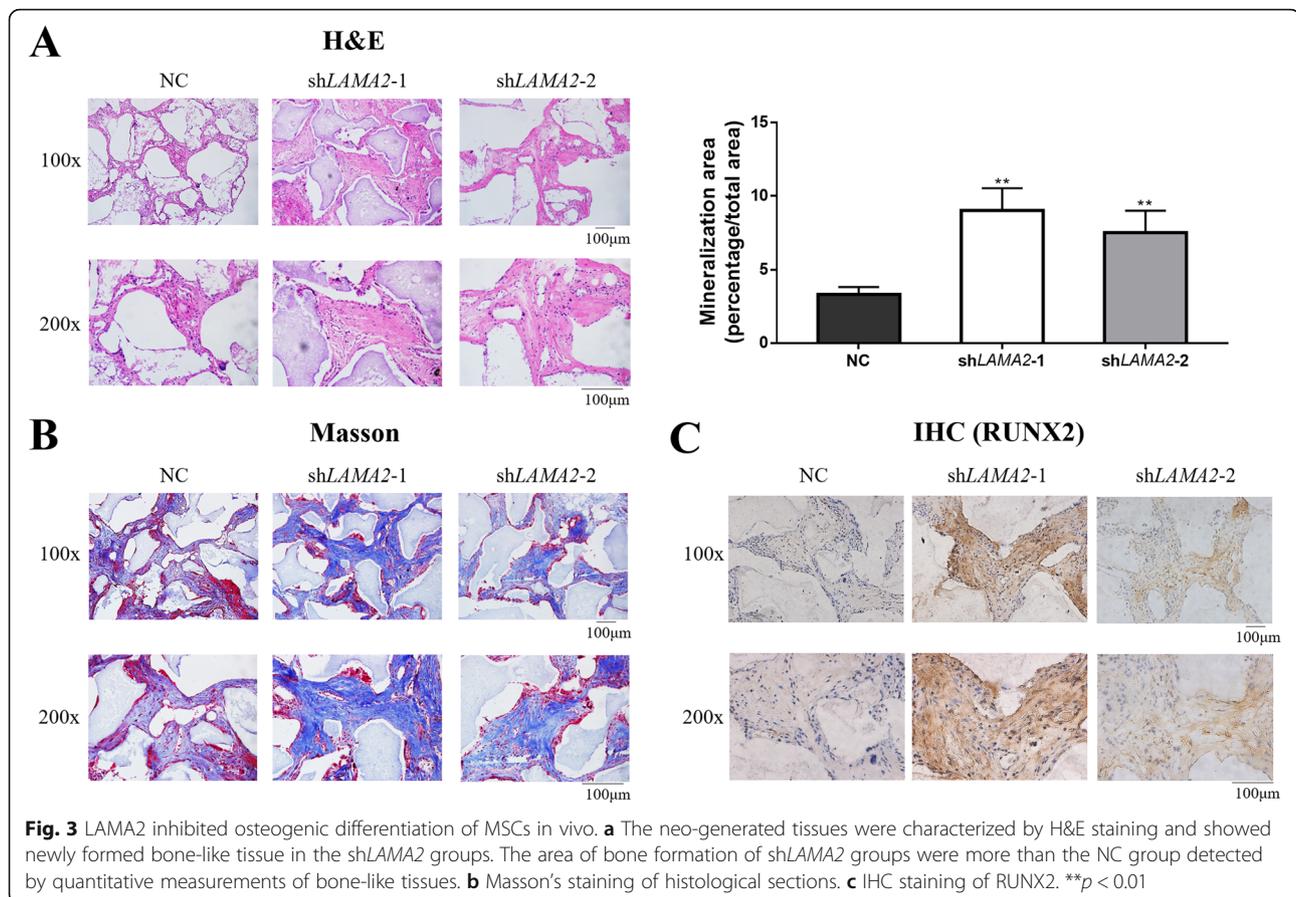


was further characterized by H&E staining. The area of bone formation was larger in the *shLAMA2* groups than in the NC group, as shown by quantitative measurements of bone-like tissues (Fig. 3a). In addition, *LAMA2* knockdown groups had more bone tissue-like constructs as shown by Masson's trichrome staining and IHC staining of *RUNX2* (Fig. 3b, c).

#### LAMA2 promoted adipogenic differentiation of MSCs

To further investigate the potential effect of *LAMA2* during adipogenic differentiation of MSCs, *LAMA2*

knockdown MSCs were examined by Oil Red O staining after adipogenic induction. As shown in Fig. 4a, Oil Red O staining and quantification of *LAMA2* knockdown cells showed significantly fewer lipid droplets compared with control cells. In addition, both *PPAR $\gamma$*  and *C/EBP $\alpha$*  expression levels in the control group were significantly higher than in the *LAMA2* knockdown group (Fig. 4b). Moreover, Western blot analysis showed that *PPAR $\gamma$*  protein expression was downregulated during adipogenesis in *LAMA2* knockdown MSCs (Fig. 4c). To further detect the effect of *LAMA2* in adipogenic differentiation



in vivo, we combined three MSCs groups (shLAMA2-1, shLAMA2-2, and NC) with a collagen sponge, and then implanted them into nude mice. The mixtures were collected after implantation for 6 weeks. Both H&E and Oil Red O staining results revealed fewer adipose tissue-like structures in the LAMA2 knockdown groups (Fig. 4d, e).

#### LAMA2 regulated the osteogenic and adipogenic differentiation of MSCs via hedgehog signaling pathway

To clarify the mechanism of LAMA2 regulating osteogenic and adipogenic differentiation, we screened key factors related to osteogenic and adipogenic differentiation and detected that hedgehog signaling was involved in the LAMA2-regulated osteogenic differentiation of MSCs.

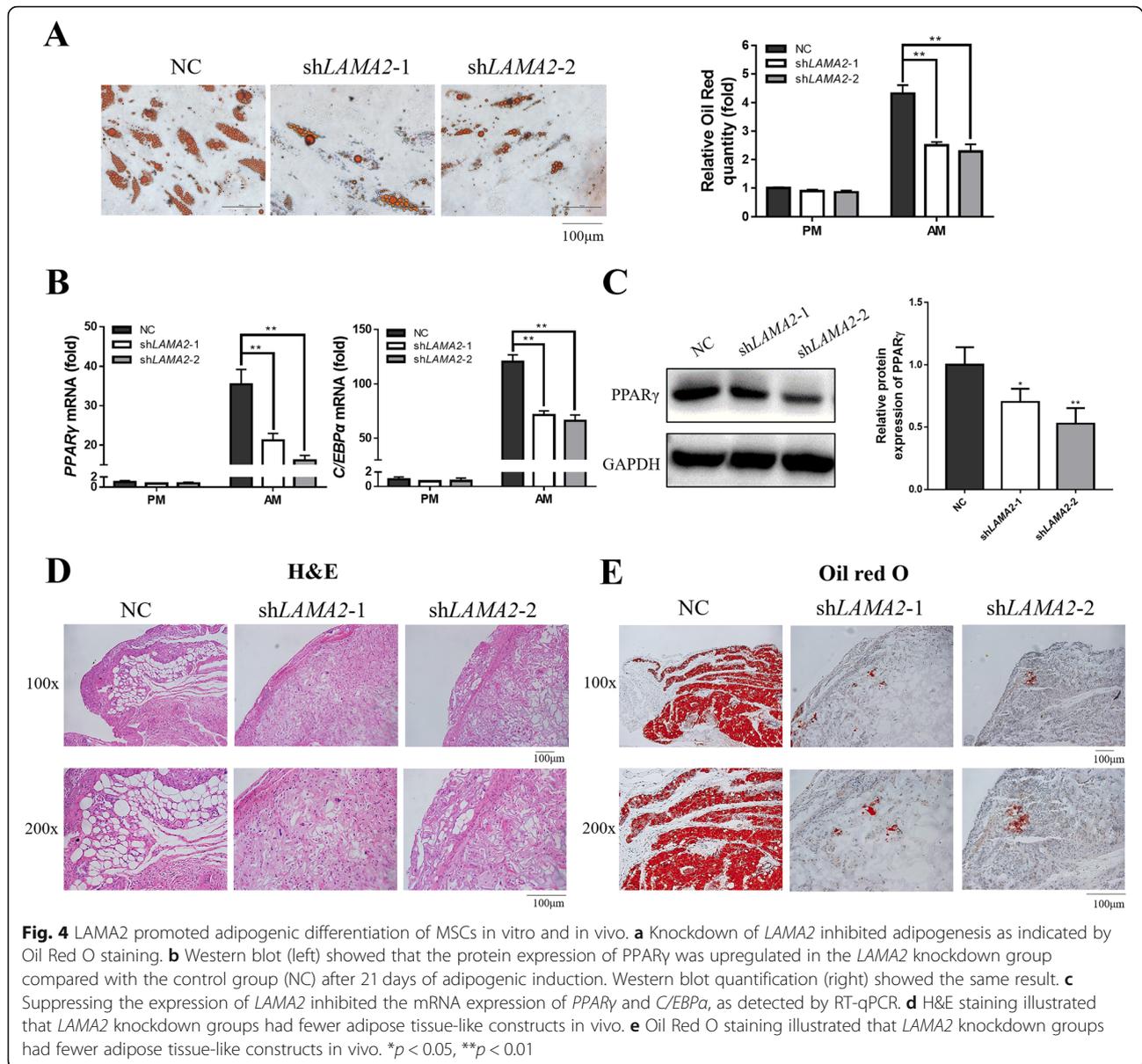
It was reported that the enhancement of the hedgehog pathway increased osteogenesis and inhibited adipogenesis [19–21]. We detected a dramatic increase in the expression of SHH, GLI1, and GLI2 of the hedgehog signaling pathway in LAMA2 knockdown cells (Fig. 5a). To further clarify LAMA2 regulation of osteogenesis and adipogenesis via the hedgehog pathway, we produced siGLI2 in MSCs to block the hedgehog pathway, and RT-qPCR and Western blot analysis were used to

verify the efficiency of GLI2 silencing (Additional file 4: Figure S3). Then we established LAMA2 and GLI2 double knockdown cells and used Western blot analysis to verify the efficiency of double knockdown of LAMA2 and GLI2 (Fig. 5b). ALP and ARS staining showed that the double knockdown of LAMA2 and GLI2 inhibited the promoting effect of LAMA2 knockdown on osteogenesis (Fig. 5c). Moreover, the depressed adipogenic differentiation by LAMA2 knockdown was rescued in these double knockdown cells (Fig. 5d). Based on these results, our data suggest that LAMA2 regulates osteogenesis and adipogenesis by regulating the hedgehog signaling pathway.

#### Discussion

In this study, we detected the crucial role of LAMA2 in the fate choices of MSCs. LAMA2 inhibition was found to promote osteogenic differentiation and inhibit adipogenic differentiation both in vitro and in vivo. Furthermore, LAMA2 overexpression could effectively suppress the osteogenic differentiation of MSCs.

Bone homeostasis depends on the resorption and formation of bones. Osteoporosis is caused by enhanced bone resorption and suppressed bone formation. Osteoporosis

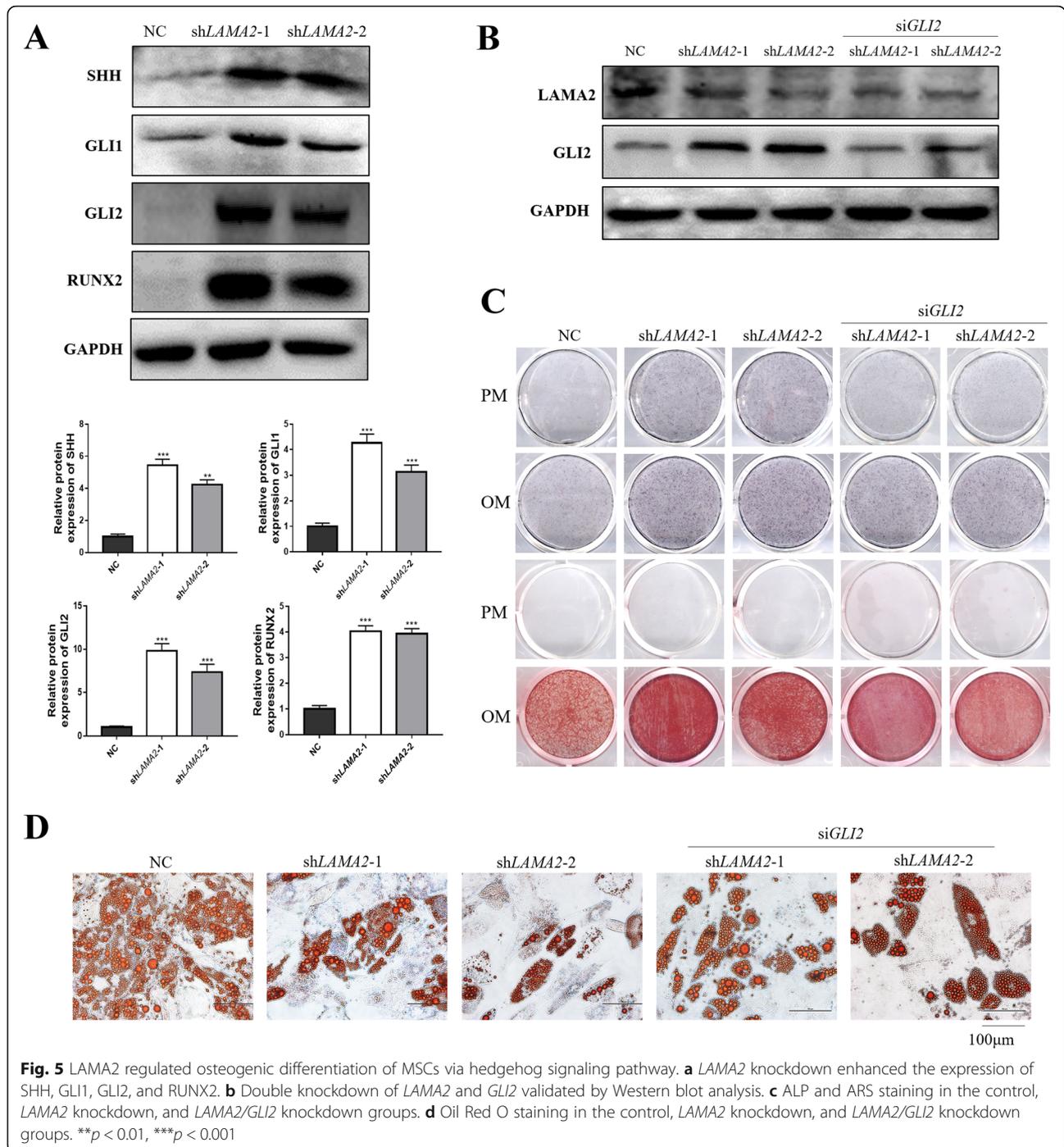


**Fig. 4** LAMA2 promoted adipogenic differentiation of MSCs in vitro and in vivo. **a** Knockdown of *LAMA2* inhibited adipogenesis as indicated by Oil Red O staining. **b** Western blot (left) showed that the protein expression of PPAR $\gamma$  was upregulated in the *LAMA2* knockdown group compared with the control group (NC) after 21 days of adipogenic induction. Western blot quantification (right) showed the same result. **c** Suppressing the expression of *LAMA2* inhibited the mRNA expression of PPAR $\gamma$  and C/EBP $\alpha$ , as detected by RT-qPCR. **d** H&E staining illustrated that *LAMA2* knockdown groups had fewer adipose tissue-like constructs in vivo. **e** Oil Red O staining illustrated that *LAMA2* knockdown groups had fewer adipose tissue-like constructs in vivo. \* $p < 0.05$ , \*\* $p < 0.01$

animal model is commonly used to study bone metabolism disorders and bone regeneration model, and OVX mice are a common osteoporosis model [22–24]. During the development of osteoporosis, BMMSCs have been shown to exhibit an increased number of adipogenic cells and a decline in the number of osteoblastic cells [25, 26]. It was worth noting that *LAMA2* expression was reduced in OVX mice, but it increased first and then decreased during osteogenic differentiation. It was reasonable to assume that *LAMA2* was degraded to prevent over-differentiation after early promotion of osteogenic differentiation.

Laminins are major basement membrane proteins consisting of alpha, beta, and gamma chains, and the *LAMA1–5* genes encode laminin alpha 1–5 chains, respectively. Diseases associated with *LAMA1* include the

Poretti-Boltshauer syndrome and cerebellar dysplasia with cysts [27, 28]. The *LAMA2* gene encodes the laminin alpha 2 chain, and mutations in this gene are thought to be responsible for merosin-deficient congenital muscular dystrophy [29]. *LAMA3*-related diseases include laryngeal cartilage skin syndrome and epidermolysis bullosa [30, 31], *LAMA4*-related diseases include cardiomyopathy [32], while *LAMA5*-related diseases include peripheral retinal degeneration and nephrotic syndrome [33, 34]. Several studies have shown that *LAMA4* is closely related to adipogenesis. Vaicik et al. found that *LAMA4* could affect adipose tissue expansion and function [35, 36], and Yamashita et al. found that laminin  $\alpha 4$  chain fragment inhibited adipogenesis [37]. *LAMA4* is located on chromosome 6q21 while *LAMA2* is located



on 6q22-q23 [38], so we want to further study whether LAMA2 plays a similar role as LAMA4 in adipogenesis. Some studies found an antagonistic relationship between the osteogenic and adipogenic differentiation of MSCs [39–41]. There is a balance between osteogenesis and adipogenesis, promoting the osteogenic differentiation and inhibiting the adipogenic differentiation of MSCs are the key directions in which bone regeneration progresses in bone tissue engineering. However, no studies

have reported the effects of LAMA2 on osteogenesis and adipogenesis.

With an increase in age, the amount of adipose tissue increases while the amount of cancellous bone decreases. This is related to changes in the relative signaling pathways, which increases the differentiation of MSCs into adipocytes and decreases the differentiation of osteoblasts [8, 9, 42]. In this study, we found that LAMA2 regulates osteogenesis and adipogenesis of MSCs via

modulating the hedgehog signaling pathway. The hedgehog signaling pathway is involved in bone formation and in osteogenic and adipogenic differentiation of MSCs which indicates that targeted regulation of hedgehog signaling is a potential target for the treatment of bone-related diseases such as osteoporosis and fracture healing [19, 20, 43–47].

Collectively, our research has some limitations. First, we did not determine the effects of LAMA2 overexpression on osteogenesis and adipogenesis *in vivo*. Second, we did not use a knockout mouse model in this study. Further studies on LAMA2 in a knockout mouse model investigating the effects on osteogenesis and adipogenesis should be performed.

## Conclusions

This is the first study to demonstrate that LAMA2 is a negative regulator of osteogenesis and a positive modulator of adipogenesis both *in vitro* and *in vivo* via hedgehog signaling. This work pointed out a new important function of LAMA2 and clarified its underlying molecular mechanism of a directional way that could be used as a novel molecular target in bone tissue engineering.

## Supplementary information

**Supplementary information** accompanies this paper at <https://doi.org/10.1186/s13287-020-01631-9>.

**Additional file 1: Table S1.** Sequences of RNA and DNA oligonucleotides.

**Additional file 2: Figure S1.** Bone volume, trabecular number, trabecular spacing, and trabecular thickness detected in Sham and OVX mice.

**Additional file 3: Figure S2.** Microscopic images of green fluorescence protein (GFP)-positive MSCs under ordinary and fluorescent light.

**Additional file 4: Figure S3.** RT-qPCR and Western blot analysis were used to verify the efficiency of GLI2 silencing in MSCs.

## Abbreviations

AM: Adipogenic medium; ARS: Alizarin Red S; BGLAP: Bone gamma-carboxyglutamic acid-containing protein; BMMSCs: Bone marrow mesenchymal stem cells; BV/TV: Trabecular bone volume/tissue volume; C/EBP $\alpha$ : CCAAT/enhancer-binding protein  $\alpha$ ; FBS: Fetal bovine serum; GAPDH: Glyceraldehyde3-phosphate dehydrogenase; GLI1: Glioma-associated oncogene family zinc finger 1; GLI2: Glioma-associated oncogene family zinc finger 2; H&E: Hematoxylin and eosin; hASCs: Human adipose-derived stem cells; hBMMSCs: Human bone marrow mesenchymal stem cells; hMSCs: Human mesenchymal stem cells; IHC: Immunohistochemical; LAMA2: Laminin  $\alpha$ 2; LP: Alkaline phosphatase; Micro-CT: Micro-computed tomography; MSCs: Mesenchymal stem cells; OM: Osteogenic medium; OVX: Ovariectomy; PM: Proliferation medium; PPAR $\gamma$ : Peroxisome proliferator-activated receptor  $\gamma$ ; RT-qPCR: Real-time quantitative PCR; RUNX2: runt-related transcription factor 2; SDS-PAGE: Sodium dodecyl sulfate polyacrylamide gel electrophoresis; SHH: Sonic hedgehog signaling molecule; siRNA: Small interfering RNA; Tb.N: Trabecular number; Tb.Sp: Trabecular spacing; Tb.Th: Trabecular thickness;  $\beta$ -TCP:  $\beta$ -Tricalcium phosphate

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## Authors' contributions

YZ and XZ were responsible for the conception and design, collection and/or assembly of data, data analyses and interpretation, and manuscript writing. RG, XL, and SW were responsible for the collection and/or assembly of data and data analyses and interpretation in the animal experiments. DX, ZL, and XL were responsible for the collection and/or assembly of data and data analyses in the molecular biology experiments. PZ and YL were responsible for the conception and design, financial support, and manuscript writing. YZ was responsible for the conception and design and manuscript writing. The authors read and approved the final manuscript.

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## Availability of data and materials

The authors confirm that all data underlying the findings are fully available.

## Ethics approval and consent to participate

This study was carried out in strict accordance with the recommendations of the Guide for the Care and Use of Laboratory Animals of the National Institutes of Health. The protocol was approved by the Institutional Animal Care and Use Committee of the Peking University Health Science Center (approval no. LA2016305). All surgeries were performed under anesthesia, and all efforts were made to minimize animal suffering.

## Consent for publication

Not applicable

## Competing interests

The authors declare that they have no competing interests.

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